



# AMERICAN ASSOCIATION OF CARDIOLOGISTS OF INDIAN ORIGIN

March 2020 v1 • Debasish Roychoudhury, M.D., Editor

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**American Association of Cardiologists of Indian Origin (AACIO)  
International Society of Cardiovascular Ultrasound (ISCU)  
In collaboration with**

**Indian American Medical Association of Illinois (IAMA-IL)**



# CANCELLED

**WE REGRET THAT THIS MEETING HAS BEEN  
CANCELLED AND WISHING EVERYONE TO STAY SAFE  
DURING THIS DIFFICULT TIME.**

## ~~TO PRESENT~~

~~SCIENTIFIC PROGRAM and DINNER~~

~~INDIAN DINNER CUISINE, entertainment, socializing and networking~~

~~NO FEE FOR PARTICIPANTS, SPOUSES AND GUESTS~~

~~Sunday, March 29, 2020, 6:00 p.m. - 10:00 p.m.~~

**Venue:** Anita Dee Yacht Charters, DuSable Harbor, Docked on the South side of the Chicago River at Lake Shore Drive, 200 N Breakwater Access, Chicago, Illinois 60601. Room: Dining Room/2<sup>nd</sup> Floor

## **PROGRAM**

6:00 p.m. Registration and Appetizers

Chairpersons: Drs. Hanumanth K. Reddy, Navin C. Nanda, Rakesh Sharma, Samir Shah

6:00 - 7:00 p.m. CME Program: Dual Antiplatelet Therapy in Coronary Artery Disease: New Guidelines and Beyond. Tracy Y. Wang, MD, MHS, MSc, FACC, FAHA, Associate Professor of Medicine and Director of Health Services Research, Duke University, Durham, NC

7:00 - 8:00 p.m. Scientific Program: Understanding the Risk and Current Treatment Options in Patients with Coronary Artery Disease (CAD) and Type 2 Diabetes (T2D). Karthik Linganathan, MD, FHSA, MBA

8:00 - 8:30 p.m. Young Investigator Awards and AACIO Honorees  
8:30 p.m. Dinner: Catered by Saffron Restaurant and Catering, Bloomingdale, Illinois

## FACULTY

**Karthik Linganathan, MD, FHFSA, MBA**, Medical Director, Cardiovascular/Metabolic Disease, U.S., AstraZeneca Pharmaceuticals

**Navin C. Nanda, MD**, Distinguished Professor of Medicine and Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, Alabama

**Hanumanth K. Reddy, MD**, Clinical Professor of Medicine, St. Louis University Medical School, St. Louis, Missouri, and Medical Director, Poplar Bluff Regional Hospital, Poplar Bluff, Missouri

**Samir Shah, MD**, Non-Interventional Cardiologist-Rockford Heart and Vascular, Mercy Health, Rockford, IL; Board of Directors: Indian American Medical Association of Illinois ( IAMA-IL); Past President-Indian American Medical Association of Illinois( IAMA-IL)-2016, 2017, Member- AAPI, AMA, ACC.

**Rakesh Sharma, MD**, Interventional Cardiologist, BayCare Medical Group, Clearwater, Florida; Adjunct Clinical Professor of Cardiology, University of Arkansas for Medical Sciences, Little Rock, Arkansas

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## President's Column



Dear Friends and Colleagues:

This would be my last 'President's Column' as we organize the next AACIO dinner-education meeting and Lake Michigan Anita Dee Yacht Cruise on 29<sup>th</sup> of March, 2020. From the AACIO next meeting in November, 2020, you will hear from our incoming president, Dr. Vishal Gupta, who has been a key player in AACIO for several years now. With his youthful energy and creative genius, Dr. Gupta will broaden the horizons of

AACIO.

During my presidency, we have worked as a team to shore up the core functions of AACIO. In doing so, we have followed the founding president, Dr. Navin Nanda's guiding principles: integrity, transparency, inclusivity, excitement with energy, punctuality and the continued academic mission. With the help of Dr. Navin Nanda, Dr. Rakesh Sharma and Dr. Kul Aggarwal, we have consolidated AACIO's finances. Dr. Gupta and Dr. Jagadeesh Kalavankunta have played key roles in revamping the AACIO website. A lot more work needs to be done in the realms of finances and the website.

I greatly appreciate the kindness and diligence of Dr. Samir Shah in landing the contract again with Anita Dee yacht charters for this dinner cruise meeting. As always, I extend my warm gratitude to the Distinguished Professor Nanda and Mrs. Lindy Chapman for their central contribution to this meeting. Once again, we are grateful to Astra Zeneca, Mr. Raweesh Chaudhary and his distinguished colleagues, for their unconditional support to this educational program.

We thank Ms. Kathleen Whyte and her associates from Rockpointe Corporation for sponsoring an educational CME program on this occasion.

I extend my warm invitation to each and every one of you to join us aboard the Anita Dee II yacht to enjoy the exciting dinner cruise meeting filled with education, delicious dinner with drinks and a medley of music, networking and visiting with family and friends. You will not only enjoy the Chicago skyline, you will also come across many interesting people, some of them your friends and families. Furthermore, the internationally famous urologist and a Bollywood style entertainer Dr. Amit Chakrabarty has again kindly agreed to spend his precious time to entertain us during the dinner cruise meeting. Please, don't forget to become members of AACIO in order to enhance our collective strength and mutual benefit.

Hanumanth K. Reddy, MD, FACC  
President

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**NOTE FROM EDITOR, AACIO NEWSLETTER.** AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to Dr. Debasish Roychoudhury, Editor, Email: [roychoudhury03@gmail.com](mailto:roychoudhury03@gmail.com)

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## AACIO HONOREES



**Deepak L. Bhatt, MD, MPH, FACC, FAHA, FSCAI, FESC**, is Executive Director of Interventional Cardiovascular Programs at Brigham and Women's Health and Professor of Medicine at Harvard Medical School. After graduating as valedictorian from Boston Latin School, Dr. Bhatt obtained his undergraduate science degree as a National Merit Scholar at the Massachusetts Institute of Technology while also serving as a research associate at Harvard Medical School. He received his medical doctorate from Cornell University and a Master of Public Health with a concentration in clinical effectiveness from Harvard University. His internship and residency in internal medicine were at the Hospital of the University of Pennsylvania, and his cardiovascular training was at Cleveland Clinic. He also completed fellowships in interventional cardiology and cerebral and peripheral vascular intervention and served as Chief Interventional Fellow at Cleveland Clinic, where he spent several years as an interventional cardiologist and an Associate Professor of Medicine. He served for many years as Director of the Interventional Cardiology Fellowship, Associate Director of the Cardiovascular Medicine Fellowship, and Associate Director of the Cardiovascular Coordinating Center. He was then recruited to be the Chief of Cardiology at VA Boston Healthcare System and served in that role for several years. He was selected by Brigham and Women's Hospital as the 2014 Eugene Braunwald Scholar. He has been listed in *Best Doctors in America* from 2005 to 2019. He received the Eugene Braunwald Teaching Award for Excellence in the Teaching of Clinical Cardiology from Brigham and Women's Hospital in 2017, ACC's Distinguished Mentor Award in 2018, and AHA's Distinguished Scientist Award in 2019. He has over 1400 scientific publications and has been PI/Co- PI of several trials in cardiology. AACIO is proud to honor him.



**Rajiv Jauhar, MD** was born in Delhi and graduated in medicine from the University of Chicago Pritzker School of Medicine, where as a 4<sup>th</sup> year medical student he was awarded the American Society of Hypertension Award for presenting his research at their international society meeting. He completed his training in cardiology and interventional cardiology at New York Hospital-Cornell Medical Center where he wrote one of the first papers on the use and duration of aspirin and plavix after stenting. Thereafter, he rose to become one of the busiest interventional cardiologists in New York State. He also developed interest in South Asian heart disease and wrote one of the first papers in the American Journal of Cardiology on coronary artery size as a potential risk factor for heart disease. In 2015 he became Chief of Cardiology at North Shore University Hospital Manhasset and was promoted to Vice Chairman of the Sandra Atlas Bass Heart Hospital. He plays a very active role in the teaching of cardiology

fellows and was given the Teacher of the Year award by the cardiology fellows. He has been on New York Magazine's "Top Doctors in New York" list for the past several years. He continues to be active in clinical research with interests in heart disease among South Asians. He plays a very active role in educating the South Asian community on the risk of heart disease with health fairs, seminars, and several radio and TV appearances. AACIO is proud to honor him.



**Annapoorna Subhash Kini, MD, MRCP, FACC** is an endowed Zena and Michael A Wiener Professor of Medicine, Director of Cardiac Catheterization Laboratory at The Mount Sinai Medical Center, Program Director of Interventional Cardiology Fellowship and Director of Structural Heart Intervention Program. Dr. Kini is an international leader in the field of percutaneous coronary intervention and heart valve therapy. Dr. Kini performs over 1,000 coronary interventions annually, the highest number by a female interventionist in the United States, with an extremely low complication rate of less than 0.3 percent; an official report from The Department of Health recognized Dr. Kini as the safest operator among 350 other physicians in the state of New York numerous times. She received the Excellence in Medicine

Award by the American Association of Physicians of India (AAPI) in July 2016 and the prestigious, Ellis Island Medal of Honor in May 2017, which is the highest award given to any immigrant civilian. She has published more than 100 peer reviewed scientific publications, and book chapters in major cardiology textbooks. Dr. Kini has been the principal or co-investigator in numerous randomized clinical trials. She has been most recently leading the development of iPhone/Android Apps to help in many areas of complex interventional cardiology procedures. Due to her passion in teaching, the graduating interventional fellows who were trained under her mentorship in the Interventional Cardiology Fellowship Program created a teaching award in her name "The Annapoorna S. Kini Fellows Choice Award" for excellence in teaching. AACIO is proud to honor her.



**Vinod M. Vijan, MBBS (Bom), MCPS (CPS) Bom; DM (Card)** KEM Bombay, MD (Med) Bom, FCSI, FICC, FICP, FISE, FIAE, FICMU, FESC, FACC. Dr. Vinod M. Vijan is the first super specialist among the first 100 DM cardiologists in India to settle in Nashik, North Maharashtra, migrating from Bombay 35 years ago to establish the First Cardiac & Critical Care Hospital, VIJAN HOSPITAL & RESEARCH CENTRE (VHRC). Dr. Vijan was the youngest recipient of Dhanwantri Award by Nashik IMA in 2003 for

ushering advanced Cardiac care in this region.

VHRC Tertiary Care Hospital was the first in North Maharashtra to get NABH accreditation. It was accredited by the International Society of Cardiovascular Ultrasound (ISCU), ICON Of Echo In India award in 2002, 2<sup>nd</sup> best Paper in Cairo Egypt World Congress of Cardiology in 2001 and many others. It was recognized by Maharashtra University of Medical Sciences (Erstwhile Bombay University) as a Teaching Centre for Invasive & Non Invasive Cardiology.

The Vijan Hospital was officially named as Dr. Vijan Hospital Marg by Nashik Municipal Corporation in 2007 for contribution to Uplifting Cardiac Care to National & International standards. AACIO is proud to honor Dr. Vijan for all his outstanding contributions in the field of cardiology in India.



## AACIO Young Investigator Award - March 2020

### DR. KRISHNA RAMASWAMY AWARD

#### Interventional/EP



Impact of Intraprocedural Stent Thrombosis on Outcomes of Percutaneous Coronary Intervention: A Meta-Analysis. **Ankita Aggarwal MD<sup>1</sup>**, Anubhav Jain MD<sup>1</sup>, Varun Kohli MD<sup>2</sup>. <sup>1</sup>Wayne State University School of Medicine, Michigan; <sup>2</sup> East Tennessee State University, Tennessee



Current Trends in the Utilization of Mitraclip: Analysis of the Nationwide Inpatient Sample Database. **Yashwant Agrawal, MD<sup>1</sup>**; Dominika Zoltowska, MD<sup>2</sup>; Nihar Jena, MD<sup>1</sup>; Abdul R Halabi, MD<sup>1</sup>; Kirit Patel, MD<sup>1</sup>. <sup>1</sup>St. Joseph Mercy Oakland Hospital, Pontiac, Michigan, USA; <sup>2</sup>University of Florida, Jacksonville, Florida USA.

### DR. MADHUKAR DESHMUKH AWARD

#### Preventive/Clinical and Imaging Cardiology



Left Atrial Dilation and Risk of One-Year Readmission after Embolic Stroke of Undetermined Source . **Vikrant Siva Jagadeesan M.D.<sup>1</sup>**, Austin Culver M.D.<sup>1</sup>, Nisha Raiker M.D.<sup>1</sup>, Quinn Halverson M.D.<sup>1</sup>, Sameer Prasada M.D.<sup>1</sup>, Liqi Chen M.S.<sup>1</sup>, Leah J. Welty Ph.D.<sup>1</sup>, Shyam Prabhakaran M.D. Ph.D.<sup>2</sup>, Kameswari Maganti M.D.<sup>1</sup>. <sup>1</sup>Department of General Internal Medicine and Geriatrics, Section of Cardiology, Bluhm Cardiovascular Institute, Northwestern Memorial Hospital, Northwestern University Feinberg School of Medicine, Chicago, IL; <sup>2</sup>Department of Neurology, University of Chicago Hospitals, Chicago, IL



Ischemic Heart Disease Mortality in Asian Indians by Nativity in the United States, 2003- 2017. **Nilay S. Shah, MD, MPH<sup>1</sup>**, Vedant Sathye,<sup>2</sup> Janki B. Shah, MD,<sup>3</sup> Pritha P. Gupta, MD, PhD,<sup>3</sup> Latha P. Palaniappan, MD, MS<sup>2</sup>. <sup>1</sup>Departments of Medicine (Cardiology) and Preventive Medicine, Northwestern University Feinberg School of Medicine, Chicago, IL; <sup>2</sup>Division of Primary Care and Population Health, Department of Medicine, Stanford University School of Medicine, Stanford, CA; <sup>3</sup>Department of Medicine (Cardiology), University of California Los Angeles David Geffen School of Medicine, Los Angeles, CA

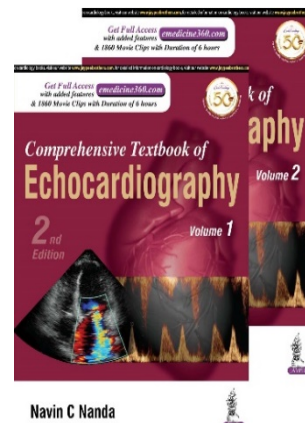
## NEWS ABOUT AACIO MEMBERS - CONGRATULATIONS



**Dr. Navin C.Nanda**, Distinguished Professor of Medicine and Cardiovascular Disease at the University of Alabama at Birmingham has published the second edition of his book: "Comprehensive Textbook of Echocardiography (Volumes 1 and 2)". He was also one of the Editors-in-Chief of

"Advances & Innovations in Heart Failure, A Textbook of Cardiology". Dr. Nanda also served as the Director of a Special Seminar/Live Patient Echo Workshop held on December 18, 2019 at the Dhaka Medical College, the oldest medical school in Bangladesh.

The book "Heart Disease in Women" by Drs Navin Nanda and Nurgul Keser was translated in Turkish language.



Navin C Nanda

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### AACIO MEMBERSHIP - 2020

Please visit the AACIO website, [www.aacio.org](http://www.aacio.org), to renew your 2020 Membership

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**ISCU/AACIO CONFERENCE  
ECHOCARDIOGRAPHY CONFERENCE**

**CANCELLED**

~~**36th Annual International Conference on  
CASE STUDIES/RECENT ADVANCES IN ECHOCARDIOGRAPHY  
AND ALLIED TECHNIQUES (MRI, CT SCAN, NUCLEAR)**~~

~~**FRIDAY March 27, 2020  
7:30 a.m. — 5:00 p.m.**~~

~~**FREE CONTINENTAL BREAKFAST AND LUNCH**~~

~~**Venue:** Embassy Suites by Hilton Chicago Downtown, 600 North State Street  
Rivernorth Ballroom Chicago, Illinois 60654. Phone: 1+ (312) 943-3800~~

~~**INTERESTING CASE STUDIES  
OVER 70 CASES BY OVER 70 FACULTY ARE EXPECTED TO BE SHOWN**~~

~~**Conference Director: Navin C. Nanda, M.D.**~~

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**ISCU WORLD CONGRESSES**

**The 6th International Congress on Cardiac Problems in Pregnancy (CPP) 2020**, April 2-5, 2020. Portol, Portugal. More Information on the conference:  
<http://cppcongress.com/2020>.

**XXVI World Congress of Echocardiography and Allied Techniques** will be held July 16-18, 2020, Lima, Peru. Organized by the Peruvian Society of Cardiology in co-operation with the International Society of Cardiovascular Ultrasound (ISCU). Organizing Committee: José Carlos Armendariz Ferrari, MD, Jorge Ortega Diaz, MD, Violeta Illatopa Cerna, MD, Pedro Yanac Chavez, MD.

**XXVII World Congress of Echocardiography and Allied Techniques** will be held September 26-28, 2021 in Tyumen, Russia. Dr. Vadim Kuznetsov will serve as the President of the Congress

**XXVIII World Congress of Echocardiography and Allied Techniques** will be held in Adelaide, Australia in April, 2022. The lead organizers are Dr. Rebecca Perry PhD, Professor Stephen Nicholls MD, Professor Joseph Selvanayagam MD, Professor Thomas Marwick MD, Associate Professor Sudhir Wahi MD and Leah Wright.

**XXIX World Congress of Echocardiography and Cardiac Imaging** will be held in Sophia, Bulgaria in spring, 2023. The Congress will be organized by an alliance of the International Society of Cardiac Ultrasound, Bulgarian Association of Cardiovascular Imaging and the Foundation of Cardiovascular Imaging in Bulgaria. Prof. Krasimira Hristova, MD will serve as the Congress President and direct the Congress.

**XXX World Congress of Echocardiography and Cardiac Imaging** will be held in spring, 2024 in Kosice, Slovakia. The Congress will be organized by the International College of Cardiology in conjunction with the International Society of Cardiovascular Ultrasound. Prof. Jan Fedacko MD, PhD of Pavol Jozef Safarik University, Kosice, Slovakia will be the Congress President and the Co-organizer will be Dominik Pella, MD from the same University.

**XXXI World Congress of Echocardiography and Allied Techniques** will be held May 18–20, 2025 in Istanbul, Turkey. Prof. Sibel Catirli Enar, MD will serve as the President of the Congress and Prof. Ozlem Batukan Esen, MD as the Vice President. Krasimira Hristova, Jan Fedacko, Sibel Catirli Enar, Ozlem Batukan Esen.

**Dr. Navin C. Nanda is International President for all the World Congresses**