



November 2017 • Debasish Roychoudhury, M.D., Editor

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American Association of Cardiologists of Indian Origin (AACIO)

Indian Medical Association of Southern California

International Society of Cardiovascular Ultrasound (ISCU)

PRESENT

SCIENTIFIC PROGRAM and DINNER

Indian Dinner Cuisine, entertainment, socializing and networking

NO FEE FOR PARTICIPANTS, SPOUSES AND GUESTS

Sunday, November 12, 2017

6:00 p.m. – 10:30 p.m.

Venue: The Yellow Chilli

7850 Beach Blvd., Buena Park, CA 90620

Phone: (714) 523-8880; Website: www.theyellowchillibp.com

PROGRAM

6:00 – 6:15 p.m. Registration and Appetizers

6:15 – 7:30 p.m. Scientific Program.

Chairmen: Drs. Hanumant Reddy, Navin C. Nanda and Kartik Thaker

6:15 – 6:25 p.m. Introduction. Drs. Hanumant Reddy, Navin C. Nanda and Kartik Thaker

6:25 – 7:25 p.m. Scientific Presentations: Dr. Narinder "Nani" Bhalia and others

7:25 – 7:30 p.m. Discussion and Questions from the Audience

7:30 – 8:00 p.m. Young Investigator Awards and AACIO Honorees

7:00 – 8:00 – 10:30 p.m. Dinner, Entertainment by the nationally famous Dr. Amit Chakrabarty and his Geetanjali group (www.geetanjalimusic.com) sponsored by Mr. Harish Thadani. Socializing and Networking

10:30 p.m. Adjournment

Reservations: E-mail: aacio123@gmail.com. Phone: Dr. Hanumant Reddy, (870) 814-4555.

FACULTY

Narinder "Nani" Bhalia, MD, Senior Medical Director, Cardiovascular US Medical Affairs, AstraZeneca, Wilmington, Delaware

Navin C. Nanda, MD, Distinguished Professor of Medicine and Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, Alabama

Hanumant K. Reddy, MD, Clinical Professor of Medicine, St. Louis University Medical School, St. Louis, Missouri, and Medical Director, Poplar Bluff Regional Hospital, Poplar Bluff, Missouri

Kartik Thaker, MD, Clinical and Interventional Cardiologist, Lakewood Regional Hospital, Lakewood, California

President's Column



Dear AACIO members and colleagues, It is that time of the year again that we are very excited to invite all of you to our semi-annual dinner meeting of AACIO on November 12, 2017 at the world famous The Yellow Chilli Restaurant, 7850 Beach Blvd, Buena Park, California about 8 miles from the Anaheim convention center. We chose this restaurant because of its proximity to the convention center (HWY 5, along the entertainment parks), it's nice décor and a large amount of space and plenty of free parking with an easy access. Furthermore, this is one of master chef Sanjeev Kapoor's franchise restaurants. I invite each one of you to this event filled dinner meeting at no cost of course. I assure you, your 3 to 4 hrs of time would be well spent in this meeting. Because, we have made this meeting quite interesting with delicious Indian cuisine and drinks, a brief educational program and finally an electrifying and exhilarating Bollywood music by world famous Dr. Amit Chakrabarty and his Geetanjali group. Since, we are doing this program in collaboration with the local medical associations, you will have plenty of networking and socializing opportunities. Please don't miss this unique

moment in your life to meet, greet and enjoy the company of your friends. The AACIO Board and I extend our warm gratitude to the distinguished professor, Dr. Navin C. Nanda, Dr. Debasish Roychoudhury, Dr. Jagadeesh Kalavakunta and Mrs. Lindy Chapman for their untiring and unceasing efforts to make this program successful. We are highly grateful to Astra Zeneca, Mr. Raweesh Chaudhary and his distinguished colleagues for their unconditional support to this educational program. Dr. Nanda and I personally thank Dr. Kartik Thaker and their association for collaborating with us in this nice program. We are highly indebted to Dr. Amit Chakrabarty and his sponsor Mr. Harish Thadhani for using their precious time and resources for entertaining our exciting audience. Finally, I share with you the good news that our user friendly new website is almost ready and hopefully, this will make your interactions with AACIO much easier than before. Of course, your active participation in AACIO with membership will enhance its scope strength and we hope make AACIO a permanent body to serve the needs of all the cardiologist of Indian origin forever. Hanumant K. Reddy, M.D. President



NOTE FROM EDITOR, AACIO NEWSLETTER. AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter. Please send your items for consideration to Dr. Debasish Roychoudhury, Editor, Email: roychoudhury03@gmail.com

AACIO HONOREES



Dr. Charles J. Lowenstein MD graduated from Harvard College in 1978, and he received his medical degree from Harvard Medical School in 1986. He trained as a medical resident at the Massachusetts General Hospital in 1989 and as a cardiology fellow at The Johns Hopkins University School of Medicine in 1993. After working as a faculty member at The Johns Hopkins University School of Medicine for 16 years, he moved to the University of Rochester Medical Center in 2009. Dr. Lowenstein is Chief of the Division of Cardiology, Professor of Medicine, and Director of the Aab Cardiovascular Research Institute at the University of Rochester Medical Center, Rochester, New York. His lab team makes mouse models of human genetic variants to explore their effect on ischemia and thrombosis. He receives research funding from the National Institutes of Health (NIH) and the American Heart Association (AHA). AACIO is proud to honor Dr. Lowenstein for his outstanding achievements in the field of cardiology.



Dr. Kalyanam Shivkumar is Professor of Medicine, Radiology and Bioengineering and is a physician scientist who serves as the Director of the UCLA Cardiac Arrhythmia Center & EP Programs. He also serves as the Director and Chief of all the interventional cardiovascular programs at UCLA. His team provides state of the art clinical care, has developed several innovative techniques (e.g. epicardial ablation) for the catheter ablation of cardiac arrhythmias & other cardiac interventions. He has also worked on the role of the autonomic nervous system in sudden cardiac death. His research work has been supported by the NIH continuously since 2006 including the prestigious NIH SPARC award. He has published over 280 articles in peer-reviewed journals. He was elected as an honorary Fellow of the Royal College of Physicians (London) in 2016. He currently also serves as the Vice President of International Society of Autonomic Neuroscience (ISAN). AACIO proudly honors Dr. Shivkumar for all his outstanding achievements and services to the field of cardiology.



Dr. Kartik Thaker, MD, FACC, FSCAI grew up in the city of Ahmedabad, India where he completed medical school and post graduate training in Internal Medicine. After coming to USA in 1985, he did a year of research at the VA hospital affiliated with Chicago Medical School. Dr. Thaker completed Internal Medicine Residency, Cardiology Fellowship at LAC-USC Medical Center and Interventional Cardiology training at Kaiser Hospital in Los Angeles. He is Board certified in Cardiovascular Disease, Interventional Cardiology and certified in Device Therapy. Dr. Thaker has practiced medicine in Southern California since 1995, served as Chairman of Cardiology section at a local hospital and currently is President of the Indian Medical Association of Southern California (IMASC). AACIO proudly honors Dr. Thaker for all his outstanding achievements and services to AACIO.



Dr. Prakash Wadhmal Mansukhani, MD, FSCAI is Director of the Regional Department of Cardiac Catheterization and the Interventional Cardiology Fellowship at Kaiser Permanente – South California Permanente Medical Group. He was born in Mumbai, India, attended Grant Medical College and soon after medical school and internship came to U.S.A. at the age of 24. He did his Internal Medicine residency at Coney Island Hospital in New York and then came to Los Angeles for his Cardiology Fellowship at Kaiser Permanente. Following that, he joined Kaiser as an Interventional Cardiologist. His is one of the busiest cath labs in the western United States performing more than 9000 procedures per year, comparable in volume to the Cleveland Clinic and the Mayo Clinic. In addition he is also the Director of their Intervention cardiology fellowship and has graduated more than 100 fellows over the years. Dr. Mansukhani also performs complex coronary interventions, and a variety of structural heart disease procedures such as TAVR, Mitral Valvuloplasty, Mitraclip, ASD/PFO closures and alcohol septal ablation for hypertrophic obstructive cardiomyopathy. AACIO proudly honors Dr. Mansukhani for all his outstanding achievements and services to field of cardiology.



Pranav M. Patel, MD, FACC, FSCAI is Chief of the Division of Cardiology and Associate Professor of Medicine and Biomedical Engineering at the University of California, Irvine, Orange, California. He graduated from Aston University, Birmingham, England, Combined Honors Program in Computer Science, Business Administration and Biology. He received his Doctor of Medicine with Distinction in Research from the Saint Louis University School of Medicine, Missouri then did his Internal Medicine Residency at Case Western Reserve University / University Hospitals of Cleveland, Ohio followed by Cardiology Fellowship and Interventional Cardiology Fellowship at Brown University School of Medicine, Miriam Hospital, Providence, Rhode Island. He completed a Cardiology Clinical and Research Fellowship at Harvard Medical School/Massachusetts General Hospital in Boston, Massachusetts before joining the University of California, Irvine where he presently serves. He has received numerous honors and awards and most recently was chosen for the Physician of Excellence 2017 selected by the Orange County Medical Association and Top Doctor of 2017 in Orange County by Orange Coast Magazine. Dr. Patel currently serves as President, American Heart Association, Orange County Board, and Governor-Elect, Southern California ACC and Chairs the CA ACC Quality Committee. He lectures both nationally and internationally. Dr. Patel has published over 50 peer reviewed articles and over 75 book chapters. He is actively involved in research, has several active NIH grants and serves as lead researcher for some of these research projects. AACIO proudly honors Dr. Patel for all his outstanding achievements and services to the field of cardiology.



AACIO Young Investigator Awards - November 2017

Dr. Krishna Ramaswamy Award

INTERVENTIONAL/EP



Avirup Guha, M.B.B.S., Toshimasa Okabe, M.D., Benjamin Buck, M.D., Xu Gao, M.D., Ellen Liu, M.D., Michael Dunleavy, M.D., Devin Haddad, M.D., Emile G Daoud, M.D., F.A.C.C., F.H.R.S., Ohio State University, Columbus, OH

Title: **Short- And Mid-term Hospitalization for Recurrent Atrial Fibrillation After Catheter Ablation In Obese Patients**

Dr. Madhukar Deshmukh Award

PREVENTIVE AND IMAGING CARDIOLOGY



Aparna Sajja BA BS, Aditya Goyal MD, Agastya D. Belur MD, Amit K. Dey MD, Jonathan H. Chung BA, Joshua P. Rivers MS, Tushina Jain MD, Anshuma Rana MD, Justin A. Rodante PA-C, Charlotte L. Harrington BA, Gregory E. Sanda BS, Heather L. Teague PhD, Alexander V. Sorokin MD PhD, Yvonne Baumer PhD, Martin P. Playford PhD, Nehal N. Mehta MD MSCE FAHA, NHLBI, NIH, Bethesda, MD

Title: **Small Dense High-and Low-Density Lipoprotein Particle Number Relates to Coronary Plaque Burden Independent of Traditional Cardiovascular Risk Factors in Psoriasis.**



Swetha Srialluri M.D.¹, Mohammed J. Arisha M.D.¹, Ming C. Hsiung M.D.², Navin C. Nanda M.D.¹, Ankur Gupta, M.D. Ph.D.³, David C. George M.D.⁴ Ahmed Elkaryoni M.D.⁵, Kiriolos Barssoum M.D.⁶, Ahmed H. Mohamed M.D.⁶ ¹Division of Cardiovascular Disease, University of Alabama at Birmingham, Birmingham, AL, USA; ²Division of Cardiology, Cheng Hsin General Hospital, Taipei, Taiwan; ³Division of Cardiovascular Medicine and Department of Radiology, Brigham and Women's Hospital, Harvard Medical School, Boston, MA, USA; ⁴Division of Internal Medicine, University of Alabama at Birmingham, Birmingham, AL, USA; ⁵Department of Internal Medicine, University of Missouri - Kansas City, Kansas City, MO, USA; ⁶Department of Medicine, Rochester General Hospital, Rochester, NY, USA

Title: **Two- and Three- Dimensional Transthoracic Echocardiographic Assessment of Superior Vena Cava, Crista Terminalis and Right Atrial Appendage Using the Right Parasternal Approach**

BASIC SCIENCE



Pradeep S. Rajendran, PhD,^{1,3} Jihana Mendu,^{1,2} Maria Jordan, MD,^{1,2} Olujimi A. Ajjola, MD, PhD,^{1,2}, Marmar Vaseghi, MD, PhD,^{1,3} J. Andrew Armour, MD, PhD,^{1,2} Jeffrey L. Ardell, PhD,^{1,3} Kalyanam Shivkumar, MD, PhD^{1,3}

¹Cardiac Arrhythmia Center, David Geffen School of Medicine, University of California – Los Angeles (UCLA), Los Angeles, CA, USA; ²Neurocardiology Research Center of Excellence, David Geffen School of Medicine, University of California– Los Angeles (UCLA), Los Angeles, CA, USA; ³Molecular, Cellular & Integrative Physiology Program, David Geffen School of Medicine, UCLA, Los Angeles, CA, USA

CA, USA

Title: **Viscerotopic Organization of the Stellate Ganglia**

NEWS ABOUT AACIO MEMBERS - CONGRATULATIONS

More Honors for Dr. Navin Nanda



➤ Dr Nanda was honored as the Chief Guest at the XXIII World Congress of Clinical Cardiology, Echocardiography and Allied Imaging Techniques (XXIII World Congress of Cardioecho and ECHO INDIA 2017) held in Jaipur, India October 5-8, 2017. In addition, he served as the International Father of the Congress. He was also bestowed the award of International Father of Echocardiography.

➤ He was also honored as "Icon of the Century in Echocardiography and Cardiology in the World" by the XII World Congress on Clinical, Preventive Cardiology and Imaging (WCCPCI-2017) held in Amritsar, Punjab, India September 29-October 1, 2017.

➤ Dr. Nanda was awarded the "Pride of India in International Cardiology" by the Department of Cardiology, Institute of Medical Sciences, Banaras Hindu University, Varanasi, India.



The Dr. Navin C. Nanda Institute of Excellence in Cardiovascular Ultrasound established in Nashik city, Maharashtra, India was formally inaugurated by Dr. Suresh Prabhu, Government of India Cabinet Minister on July 30, 2017. The Institute is established by Dr. Vinod Vijan, a former trainee of Dr. Nanda.



The Minister cutting the ribbon at the inauguration ceremony. Next to him is Dr. Vinod Vijan.

AACIO MEMBERSHIP - 2018

Please visit the AACIO website, www.aacio.org, to renew your 2018 Membership

ISCU/ AACIO WORLD CONGRESSES

XXIV World Congress of Echocardiography and Allied Techniques will be held **May 17-20, 2018, Albena Resort near Varna, Bulgaria.** President: Prof. Krasimira Hristova, MD; Vice-President: Assoc. Prof. Elena Kinova, MD; Secretary: Dr. Svetlin Tsonov

XXV World Congress of Echocardiography and Allied Techniques will be held **May 17-19, 2019, Lodz, Poland.** Presidents: Prof. Jaroslaw D. Kasprzak, MD, PhD, FESC, FACC and Professor Piotr Lipiec MD PhD FESC

XXVI World Congress of Echocardiography and Allied Techniques will be held **June 18-20, 2020, Lima, Peru.** Organized by the Peruvian Society of Cardiology in co-operation with the International Society of Cardiovascular Ultrasound (ISCU). Organizing Committee: José Carlos Armendariz Ferrari, MD, Jorge Ortega Diaz, MD, Violeta Illatopa Cerna, MD, Pedro Yanac Chavez, MD

Dr. Navin C. Nanda is International President for all the World Congresses



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